



Listen while you bake - an incomplete listening list for allies + interested folks

Black history in Britain, US + Empire

Akala: Black & British - Race & Class in the Ruins of Empire book synopsis (episode)

<https://open.spotify.com/episode/2dHY73tOiO0LmTuURY2Xgw>

The Black Curriculum (UK)
(Series)

<https://open.spotify.com/show/5dISiC0DZUmHvvM9qxmBnT>

Black History Bites (UK)
10mins each (Series)

<https://open.spotify.com/show/6tgLiOYpqCLPupyivlFZRI>

History Storytime for kids: Black British History

<https://open.spotify.com/episode/5sKowQY3o3VmON4j6S29oC>

History Extra Podcast

Black Tudors with historian Miranda Kaufman (episode)

<https://open.spotify.com/episode/0qS0jGKiheXDuxb6LKRf8V>

Under Fire: Black Britain in Wartime

<https://open.spotify.com/episode/02CIGUPCZJxXPZI7RehxmX>

History Extra Podcast

Black Britons in WW2 (episode)

<https://open.spotify.com/episode/43kAEqqo4v6edHyoYlKsmZ>

BBC Radio 4: Four Thought

Writing Black British History (episode)

<https://open.spotify.com/episode/4Ynwz3nPwzYzsys7FmCMEG>

BBC World Service: Witness History: Witness Black History (Series)

<https://open.spotify.com/show/722vbB8JrFU1VNayZH93Pu>



Go deeper: Black history + structural racism

Windrush Stories (UK series)

<https://open.spotify.com/show/1J5bvnLs7ZMprymOcXhdX7>

BBC World Service: The History Hour (episode)

<https://open.spotify.com/episode/4ZJXA0aLIRtaN1K16KQ8ZZ>

About Race with Reni Eddo-Lodge (series)

<https://open.spotify.com/show/6RNwASBcNjuK4tuqdaXzBn>

The Academy, University of Liverpool (UK)

Angela Saini on exploring the repercussions of Race Science (27 mins, episode)

<https://open.spotify.com/episode/655TDyBCusayM3lx6r1Owl>

The Church Times: Revd France-Williams reads from Ghost Ship: Institutional racism and the Church of England (episode)

<https://open.spotify.com/episode/6GUYmL5jMTKvClkKJZweVr>

Revolutions: Saint-Domingue (US)

An engaging, accessible and fast paced synopsis of the origins, events and outcomes of the Haitian revolution, the socio-economic convenience of racism for the slave trade, and its impact on American, French, British and Spanish colonies.

(Series, relevant part starting at episode 4.01)

<https://open.spotify.com/episode/23t0xTjW LZmkoGFWsyetzX?si=BZqo6kbZQcqr1DBnjDR3w>

1619 (US)

The New York Times (Series)

<https://open.spotify.com/show/7j5MhJCMBvOjF1Asi9LPLX>

Black History for White People (US)

(Series)

<https://open.spotify.com/show/2FUVtLeFfAHVLZznVbCrkJ>



Black Lives Now

Have You Heard George's Podcast? (Series)

<https://open.spotify.com/show/16lbBDY4MFWUjbTHwi4X3>

The Penguin Podcast: Afua Hirsch with David Olusoga (episode)
Guardian Columnist and author Afua Hirsch joins historian and broadcaster David Olusoga in the Penguin studio. Afua talks about her bestselling book 'BRIT(ish)' which tackles questions of race, identity and belonging in the UK.

<https://open.spotify.com/episode/5GTlynV01jsUndmxRlcNuv>

Inspirational Black Life Stories (Series)

<https://open.spotify.com/playlist/37i9dQZF1DX1vs7QLLeLNer>

Who We Be TALKS_ (Series)

<https://open.spotify.com/show/2YissX4xRk9cU2r10620ol>

People's Party: Gina Yashere on UK vs US Racism (episode)

<https://open.spotify.com/episode/5ipRJCxWvvT0D06Q0vBkV9>

Growing up with GAL-DEM (Series)

<https://open.spotify.com/show/0VyqpQy8OAMd3iR7J0kjZY>

Yikes

Resistance, History and Black Mental Health (episode)

<https://open.spotify.com/episode/2FNPKRLr9MTouOLtFQ4Ggf>

Mixed and Male at Cambridge (episode)

<https://open.spotify.com/episode/6JanZoYkGpNk2gSKRoZZ6V>

Busy Being Black: Kelechi Okafor: Go Back to the Source

<https://open.spotify.com/episode/2r5Jvo1ikQWr6xDNRZhj5E>



Anti-racism + Allyship

Conversations with Nova Reid are raw, unedited conversations about race, identity, allyship and everything in-between as we navigate this funny thing called life.

Brought to you by Tedx Speaker and Anti Racism Campaigner Nova Reid. (series)

<https://podcasts.apple.com/gb/podcast/conversations-with-nova-reid/id1506584414>

The High Low: Anti-Racism Resources & author special with Candice Brathwaite (episode)

<https://open.spotify.com/episode/5ZoQAK9h0qHHTfDfGJB10k>

Nice White Parents

The New York Times (series)

<https://open.spotify.com/show/7oBSLCZFCgpdCaBjIG8mLV>

Directionally Challenged: Getting Comfortable with Being Uncomfortable with Alexandra Safford (episode)

<https://open.spotify.com/episode/4cdrDldJQNC3fv5qRw8iu9>

BPP University

Challenging unconscious bias (episode)

<https://open.spotify.com/episode/1zWK6g4aKQJ1t2iGoi0J6X>

Understanding White Privilege with Reni Eddo-Lodge (episode)

<https://open.spotify.com/episode/0ZXpaUXIZfv83lx5qyw3l4>

BBC World Service: The Big Idea

Are We All Racist? (episode)

<https://open.spotify.com/episode/1ubnFNzQHPzoCzFjay4ziU>

Get Booked: Anti-Racist Literature recommendations (episode)

<https://open.spotify.com/episode/0A92WcKeNxaLufxdAUwLhg>

Unlocking Us with Brené Brown

How to be an anti-racist (episode)

<https://open.spotify.com/episode/101adQusstyZ2SvzP1DKok?si=RF8i04e1Qm2YkC CIYnDFMg>

Pragya Agarwal: When does bias become prejudice? (episode)

<https://open.spotify.com/episode/51D4Vbzvviu0uR6wXjNUgU>



The Innovation Show

Everyday bias (episode)

<https://open.spotify.com/episode/3tHBbizPB4XzRalHBJbqQs>

Activism in the UK with Love Music Hate Racism (episode)

<https://open.spotify.com/episode/14cPDqhL3mfx16FFpuyxvv>